

- **What is joy?**
 - Joy is a choice that a person makes to be happy at all times. (1 Thessalonians 5:16)
- **Where does joy come from?**
 - Joy is a gift from God. (Ecclesiastes 2:26)
 - Joy comes from being saved. (Isaiah 61:10)
- **What will help you to have more joy?**
 - Living the right way will bring you joy. (Psalm 32:11)
 - Reading God's Word brings joy. (Psalm 119:162)
 - Finding wisdom brings you joy. (Proverbs 3:13)
 - Knowing God is there to help you brings joy. (Psalm 146:5)
 - Remembering that your sins are forgiven will bring you joy. (Psalm 32:1)
 - Being obedient to God brings joy. (Psalm 40:8)
 - Helping the poor brings joy. (Proverbs 14:21)
 - Seeing God answer your prayers brings joy. (John 16:24)
 - Remembering that God protects His children will bring joy to a person. (Psalm 5:11)
 - Remembering your salvation brings joy. (Psalm 13:5)
 - Trusting God will bring you joy. (Proverbs 16:20)
- **What will take your joy away from you?**
 - Sin will take away your joy. (Psalm 51:8)
 - Worry will take away your joy. (1 Peter 5:7)
- **When do you need to be joyful?**
 - You should be joyful all the time. (Philippians 4:4)
 - You need to be joyful when you worship the Lord. (Psalm 100:1)
 - You should be joyful in serving the Lord. (Psalm 100:2)
 - Be joyful when you are tempted to sin. (James 1:2)
 - Be joyful when God is correcting you. (Job 5:17)
 - Be joyful if you are made fun of for being a Christian. (1 Peter 3:14)
- **What else does the Bible say about joy?**
 - The best joy awaits every Christian in Heaven. (Psalm 16:11)
 - Joy makes everyone feel better. (Proverbs 17:22)
 - The way that you live brings joy to others. (3 John 1:4)
 - People who get saved make God, the angels of Heaven, and other Christians happy. (Luke 15:10)