

- **What is patience?**
  - Patience is not quitting when you go through trials. (Galatians 6:9)
  - Patience is waiting and watching for God's promises to come true. (Isaiah 25:9)
  - Patience is not getting angry quickly. (Proverbs 16:32)
- **Where does patience come from?**
  - Patience is a gift from the Holy Spirit to every Christian. (Galatians 5:22-23)
  - Patience comes from going through trials. (Romans 5:3-4)
- **What will help you to have more patience?**
  - Watching God's example of patience. (Romans 15:5)
  - Watching Jesus's example. (1 Timothy 1:16)
  - Reading God's Word will help you to have patience. (Romans 15:4)
  - Living and following after the things of God. (1 Timothy 6:11)
  - Going through trials will help you to have more patience. (James 1:2-3)
  - Knowing that a reward is ahead. (James 5:7)
  - Remembering that the Lord's return is near. (James 5:8)
- **What will keep you from being patient?**
  - Letting yourself get angry quickly. (Ecclesiastes 7:9)
  - Giving up when things get tough. (Psalm 27:13-14)
  - Trying to get even with others. (Romans 12:19)
- **When do you need patience?**
  - You need patience when you are waiting for God's help. (Psalm 40:1-2)
  - You need patience when you are tempted to be angry. (James 1:19-20)
  - You need patience once you have done what God has asked. (Hebrews 10:36-37)
  - You need patience when things seem to go well for those doing evil. (Psalm 37:7)
  - You need patience all the time to live like a Christian should be living their life. (Ephesians 4:1-2)
  - You need to be patient as you wait for the Lord to return. (Luke 12:36-37)
  - You need patience when you pray. (Micah 7:7)
  - You need patience in running your Christian race. (Hebrews 12:1)
  - You need patience in loving others. (1 Corinthians 13:4)
  - You need patience in dealing with other Christians. (1 Thessalonians 5:14)
  - You need patience as you go through trials. (James 1:4)
- **What does the Bible say about patient people?**
  - God is proud of the patient person. (1 Peter 2:20)
  - God will give the patient person strength to do what He has asked. (Isaiah 40:31)
  - God is good to the patient person. (Lamentations 3:25)
  - God has special plans for the patient person. (Isaiah 64:4)